

## FEE STRUCTURES

**Hourly Rate:** \$100.00 for Consultation

**Initial Training and Consultation (two-day):** \$1500.00

**Additional Services:** \$100.00 per hour (School Observation, IEP Attendance and Development, Video Reviews)

**Autism Diagnosis:** \$1500.00

**Phone and E-mail Contacts:** \$100.00 billed per tenth of hours

**Travel Expenses:** Families are responsible for any airfare, hotel, and rental car cost (if applicable). In addition, if travel requires more than 2 hours one way to reach your home or site, a per diem for meals may be required based on contracted rates.

**Mileage Costs:** \$0.54 per mile travel cost for services delivered outside the offices of CCBT, plus a \$3.00 surcharge, per trip, for fuel costs due to increased prices of gasoline. Each year this rate may change depending on economic factors.

**Other Costs:** Descriptions of other costs can be found in the intake packet of materials.

## CONTACTING THE CENTER

All new cases must be evaluated by Dr. Arnold. Initial phone interviews and file reviews form the initial basis of this contact. Call Mark at 614.459.4490, ext. 16, to begin the intake process.

## FUNDING OF SERVICES

The Center is a provider under the Autism Scholarship Program, and is able to accept payment from Boards of MR/DD. Private insurance often does not reimburse for these services, although the Center is happy to help you determine if they are covered. Private payment is accepted. CCBT accepts VISA and MasterCard.

Center for Cognitive and Behavioral Therapy  
of Greater Columbus, Inc.  
4624 Sawmill Rd.  
Columbus, OH 43220

# BEHAVIORAL SERVICES TO INDIVIDUALS WITH AUTISM OR AUTISM-SPECTRUM DISORDERS, AND THEIR FAMILIES

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## THE CENTER FOR COGNITIVE AND BEHAVIORAL THERAPY

OF GREATER COLUMBUS, INC.

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*This brochure gives an overview of the behavioral service model and philosophy of treatment. If you have questions about any information or services provided in this packet please do not hesitate to contact us.*

*We look forward to working with you and your family.*

4624 Sawmill Rd.  
Columbus, OH 43220  
Phone: 614-459-4490  
[www.ccbtcolumbus.com](http://www.ccbtcolumbus.com)

## HISTORY

In response to the growing need for appropriate treatment for children on the Autism Spectrum, including: Apegers, Autism and PDD our program is dedicated to helping families implement an effective inclusionary intervention program where your child can reach their highest potential. The services are based on research-based, validated interventions drawn from the fields of psychology and education.

To achieve this mission, parents and other team members play an integral and essential role in the treatment and habilitation of the child. Our program specializes in providing intensive educational and behavioral consultation for children who fall under the spectrum of autism/pervasive developmental disorders. Parents are the main targets of training. In teaching parents how to teach their children we believe that we are establishing lasting change for the child and their families. Our service delivery is a long-term commitment. Most of the children being served typically require between two and three years of intensive intervention. The end goal is to facilitate a transition to the least restrictive environment appropriate for your child.

## PHILOSOPHY

*“Every child deserves a chance”*

Children should have the opportunity to maximize their potential to the fullest extent possible. Our program tailors children’s goals to meet their individual needs and learning styles.

## BACKGROUND

The field of applied behavior analysis (ABA) is based on extensive findings of experimental and applied studies of more than 40 years of scientific research on improving the functioning of all individuals.

In recent years applications of ABA have had significant impact on children with disabilities and most notably children on the pervasive developmental disorder spectrum. Our program is based on the extensive research indicating the need and effectiveness of intensive early intervention as the best practice to maximize these children’s functioning and life-long prognosis.

Intervention is based on a combination of methods derived from the philosophy of Behaviorism and application of the principles of Applied Behavior Analysis.

Most instructional intervention is taught in a highly structured 1:1 teaching environment. High opportunity to respond, active student responding, and frequent access to rewards ensure the child’s motivation and continued success throughout the pro-

gram. Our comprehensive program is focused on developing the child’s skills by increasing their adaptive behavior and decreasing their maladaptive behavior. The curriculum covers the following developmental domains, communication, academics, social skills, behavioral functioning, self-help skills, language, cognition, school readiness and follow through into a school placement. Our program aims to offer a learning experience that will lead to lasting positive behavior changes in overall functioning of your child over time, across settings (both the home and community), and instructors (parents, therapists, teachers, community helpers, and more).

## TREATMENT APPROACH

Often treatment initially takes place in the child’s home, but as new skills are acquired, treatment is gradually expanded to include the academic, community, and social environments. Treatment begins in a structured and often contrived learning setting. The goal of this program is to move from this format to generalized settings as soon as your child is ready. Generalization probes will be an on-going part of the program. One-on-one instruction will also be the initial presentation of material to your child. Gradually, we will set up to introduce you child to group instruction and the ability to work independently without the assistance of another.

Various approaches are implemented into programming to: discrete trial instruction, naturalistic teaching, verbal behavior, Floor Time and precision teaching . Regardless of the approach, the core is the application of Applied Behavior Analysis (ABA).

Goals and objectives will be individualized to your child’s needs. They will be devised in collaboration with your family, consultant, school staff and any additional professional input you as a family request.

## SERVICES

- ◆ Curriculum Development
- ◆ Psychoeducational Assessments
- ◆ Behavioral Assessment/Functional Assessments
- ◆ Autism Diagnosis
- ◆ Assessment of Basic Language and Learning (ABLBS)
- ◆ Achievement Tests
- ◆ Intelligence Test
- ◆ Curriculum based Assessments
- ◆ Intensive In Home Consultation
- ◆ Behavioral Support Consultation
- ◆ School Observations/Consultation
- ◆ IEP Development and Attendance

## AUTISM DIAGNOSIS

CCBT provides assessments for the purpose of autism diagnosis using a protocol that includes the following:

- Medical and Educational File Review
- Initial Interview with M-CHAT (if not already given)
- In-depth Interview using the Autism Diagnostic Interview-Revised Interview to complete the Vineland Adaptive Behavior Scale-II Rating Forms including both Achenbach forms and the CARS, the ASDS, and the Pervasive Developmental Disorder Behavior Inventory (PDD BI), and the SocialCommunication Questionnaire (formerly the ASQ)
- Direct Behavioral Observations in Natural Settings
- Reporting to Parents in Written and Oral Formats, and Consultation to the Pediatrician/PCP

If additional testing is required, it may be a part of the existing fees, or might require referral to another professional (e.g., speech pathology or occupational therapy)

## PROFESSIONAL STAFF

The staff at CCBT include several well trained individuals in behavioral interventions. **Dr. Arnold** is a behavioral psychologist, and author of the Integrated Functional Behavior Assessment Protocol (IFBAP). ABA services are often provided by supervisees of Dr. Arnold. Those supervisees hold a masters degree in ABA. All supervision indicates that the responsibility for diagnosis, treatment planning, prescription of treatment methods, and consultations is the psychologist’s and Dr. Arnold maintains authority over the delivery of psychological services by his supervisees. Ms. Emily Haley, M.A., is the lead psychology assistant at CCBT.

## ANTICIPATED RISKS AND BENEFITS

Behavioral Intervention has been shown to result in improved cognitive, social, and adaptive functioning for many of the treated children. The research may or may not apply to your specific case.

Your child may or may not benefit, may experience distress, and may even initially experience greater difficulties after participation. Problematic behaviors may include, frustration, or avoidance responses such as tantrumming, aggression, self-stimulation and ritualistic behaviors. These behaviors, when they occur, often reflect the child’s reaction to new treatment approaches. As a team we will work to address any inappropriate behaviors, and strive to apply the interventions tailored to your child so that the likelihood of positive outcomes is high.